BUT WHEN YOU PRAY, GO INTO YOUR ROOM, CLOSE THE DOOR AND PRAY TO YOUR FATHER, WHO IS UNSEEN. THEN YOUR FATHER, WHO SEES WHAT IS DONE IN SECRET, WILL REWARD YOU.

MATTHEW 6:6 (NIV)

prayer

DEVELOPING A LIFESTYLE OF PRAYER

# STUDY GUIDE

TAYLOR CHAPMAN

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**TAYLOR CHAPMAN** 

**STUDY GUIDE** 

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Prayer: Developing a Lifestyle of Prayer Study Guide

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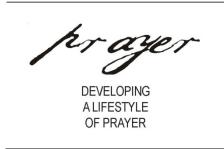
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DEVELOPING A LIFESTYLE OF PRAYER

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Seven Chapters | Fundamental Basics for Your Journey with Christ | A Lifestyle of Prayer

#### INTRODUCTION

This *Prayer Study Guide* coordinates with the book *Prayer: Developing a Lifestyle of Prayer,* which was written to show you the fundamental basics of prayer and to encourage you to grow in your journey with Christ through establishing a lifestyle of prayer.

We will discuss many different attributes of the lifestyle of prayer and answer questions like:

- "Why should I pray?"
- "How often should I pray?"
- "Is there a right or wrong way to pray?
- "How can I grow closer to God through prayer?"

My ultimate goal is to inspire you to be a person of prayer.

We are going to dive into this challenge together, chapter by chapter.

We are going to READ the chapter and then answer some thought-provoking questions,

Go over a Bible verse and your task is to MEMORIZE it, and

Then, complete the LIFE APPLICATION section.

Prayer is simply you talking to God and giving Him the opportunity to speak back. Prayer is a two-way conversation in which sometimes you speak, and other times you wait for an answer. Through prayer, you can access heaven in your life.

Prayer will change your life! I know . . .



# CHAPTER ONE | WHY SHOULD I PRAY?



Find the four reasons why you should pray, and summarize your thoughts below.

1.	1. Prayer is one way you have to access heaven.				
	Summarize concept				
2.	Prayer allows you to know God more intimately.				
	Summarize concept				
3.	Prayer gives you the ability to have access to a better understanding of situations.				
	Summarize concept				

	Summarize concept
	What are the missing words that show how prayer is important for a Christian lifestyle?
	a. Prayer God's so that He is able to work on your behalf.
	b. Prayer the channels of God's
	c. Prayer is how God the things He wants to see happen in your
_	
	Thought
	To be a Christian without prayer is no more possible than to be alive without breathing.
	– Martin Luther King, Jr.
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_	
_	
_	
- Sec	MEMORIZE   JAMES 5:16
- F	MEMORIZE   JAMES 5:16
- FE	MEMORIZE   JAMES 5:16  ok it up, write it down, and then memorize the verse.
- FE	
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## CHAPTER TWO | HOW DO I PRAY?



Find the six aspects that will set up your prayer life for success, and summarize your thoughts.

1.	Set a specific time to pray.
	Summarize concept
2.	Find your inner room.
	Summarize concept
	Summarize concept
3.	Develop a prayer journal and use it.
	Summarize concept

5. Pray consistently.  Summarize concept  6. Trust God.  Summarize concept	
Summarize concept  6. Trust God.	
6. Trust God.	
Summarize concept	
Thought	`
Prayer is not asking. Prayer is putting oneself in the hands of God, at His disposition	ı, and
listening to His voice in the depth of our hearts.  - Mother Teresa	

Look it up, write it down, and then memorize the verses.			



OF PRAYER

CHARTER TURES | MULAT ROLL

## **CHAPTER THREE | WHAT DO I PRAY?**



## READ | CHAPTER 3

Fill in the blanks for the six guidelines for "what" to pray as you connect with God.

1.	Co	nfession of Personal Sin
	a.	Ask God to your and
	b.	Carefully your speech.
	c.	Ask God to thoroughly your relationships.
	d.	Confess any sins of omission and make a commitment to obey His voice.
	e.	Resolve to fully of any known sins of, word, or deed.
	f.	Forgive
	g.	Confession of the of Jesus.
2.	Pei	rsonal Prayer List
	a.	Top Priorities (write three):
	b.	Prayer List (write three specific requests):
	c.	Bible Proclamation (write Galatians 5:22-23 as an example):

3.	Bible Meditation
	Think about the following verse and summarize what it means to you: "In Christ I am a new creation; old things have passed away and all things have become new." 2 Corinthians 5:17
4.	Specific Prayers
	Name one "Lost and Backslidden" person to pray for:
	Name one "Pastors and/or Leader" to pray for:
5.	Praise and Thanksgiving
	Name a song that praises God:
	Thought
	Any prayer too small to be turned into a prayer is too small to be made into a burden.
	- Corrie ten Boom
{{{{\{	MEMORIZE   PHILIPPIANS 4:6–7
7	
Lo	ok it up, write it down, and then memorize the verses.



TOP PRIORITIES:
May include wife/husband, children, other family members, friends, personal ministry, profession, and other personal requests. Pick a number, like three or five, so more time can be spent praying for your "Top Priorities." List priority and describe briefly.
PRAYER LIST:
This list can include anything you are praying for at this point. When you make this list, go beyond "I wish so-and-so would happen" to specific prayer requests. When God answers, instead of saying "Oh, my wish came true" you can thank Him for answering your prayers.

PRAYER LIST (continued)
BIBLE PROCLAMATION:
Pick Scripture to pray specifically over your life. Excellent choices are Ephesians 6:10–20, where the Bible talks about the Armor of God. Another excellent choice is Galatians 5:22–23, where the Bible describes the Fruit of the Spirit. Write either of these or another passage.



OF PRAYER

**CHAPTER FOUR | THE PURPOSE OF PRAYER** 



## READ | CHAPTER 4

Prayer is what allows you to have access to God through the following four purposes. Read the chapter and fill in the blanks. Confirm that your responses are accurate by reviewing the pages.

1.	Pra	Prayer is an Act of Dedication				
	a.	. You are giving the	and	of every	to God.	
	b.	. Releasing your will to God is an ac	t of showing your	·to H	lim.	
	C.	. When you are a person of prayer i have the and				
	d.	. If you are not a person of prayer, y	you have cut your	r to h	ieaven.	
2.	Pra	rayer is an Act of Communication				
	a.	. Prayer is this betwee	n you and God.			
	b.	. As your relationship with God grow available.	ws, that two-way		_ will be more	
	c.	. Prayer, in reality, is your need at the time of prayer.	; a direct l	ine to	_ to help meet you	
	d.	. You have the a Creator and the Creator of the uni		and have comm	unication with your	
3.	Pra	rayer is an Act of Supplication				
	[Su	Supplication: the action of asking or b	begging for some	thing earnestly or	humbly.]	
	a.	<ul> <li>Supplication is trusting God to brir your needs.</li> </ul>	ng what is	to tak	ke care of you and	
	b.	<ul> <li>Do not be about anyt thanksgiving, present your transcends all understanding, will Jesus. (Philippians 4:6–7)</li> </ul>	to God. And	d the	of God, which	

4.	Pra	ayer is an Act of Cooperation
	a.	When you with God in and align yourself with what the Bible teaches, you position yourself to be by God.
	b.	You position yourself to be a toward others.
	c.	You position yourself to in the favor of God.
		ought
		e function of prayer is not to influence God, but rather to change the nature of the e who prays.
		Søren Kierkegaard
		)
{\rightarrow{\righ		MEMORIZE   PSALM 37:4
Lo	ok i	t up, write it down, and then memorize the verse.



TOP PRIORITIES:
May include wife/husband, children, other family members, friends, personal ministry, profession, and other personal requests. Pick a number, like three or five, so more time can be spent praying for your "Top Priorities." List priority and describe briefly.
DD AVED LICT
PRAYER LIST:
This list can include anything you are praying for at this point. When you make this list, go beyond "I wish so-and-so would happen" to specific prayer requests. When God answers, instead of saying "Oh, my wish came true" you can thank Him for answering your prayers.

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Pick Scripture to pray specifically over your life. Excellent choices are Ephesians 6:10–20, where the Bible talks about the Armor of God. Another excellent choice is Galatians 5:22–23, where the Bible describes the Fruit of the Spirit. Write either of these or another passage.



OF PRAYER

## **CHAPTER FIVE | A LIFESTYLE OF PRAYER**



### **READ | CHAPTER 5**

Prayer gives you the peace and strength to get through the hard times and allows you to put your focus on God. Glance back at Chapter Two | How Do I Pray? to review the following six aspects that will set up your prayer life for success.

- 1. Set a specific time to pray.
- 2. Find your inner room.
- 3. Develop a prayer journal and use it.
- 4. Come prepared.
- 5. Pray consistently.
- 6. Trust God.

PEOPLE WHO HAVE A LIFESTYLE OF PRAYER ARE INTENTIONAL ABOUT THEIR PRAYING. PRAYING EVERY DAY WILL CHANGE YOU. IT WILL CREATE A DESIRE IN YOU THAT WANTS TO PRAY MORE.

1.	Laws of Leadership. If you have a personal experience with applying this law, also record it on the following lines.
2.	How can your everyday life and the decisions you make be compared to heavy doors and hinges? Reread the illustration in the book and then summarize your thoughts below.

	Summarize the author's supernatural experience with prayer.  If you have had a supernatural experience with prayer, describe it on the following lines.
5.	Prayer without ceasing.  a. Everywhere you go, you can be aware the of God is there.  b. If you are aware of the Holy Spirit's move, you are praying  c. Having a lifestyle of prayer will require a  d. A lifestyle of prayer requires a lifestyle of
	Thought We have to pray with our eyes on God, not on the difficulties.  — Oswald Chambers
Lo	MEMORIZE   MATTHEW 7:7-8  ok it up, write it down, and then memorize the verse.

Write down a list of personal things you want to pray for.

PEOPLE WHO HAVE A LIFESTYLE OF PRAYER ARE INTENTIONAL ABOUT THEIR PRAYING. PRAYING EVERY DAY WILL CHANGE YOU. IT WILL CREATE A DESIRE IN YOU THAT WANTS TO PRAY MORE.

TOP PRIORITIES: (pick three to five)			
Priority	Description of Prayer Need	Initial Date	Follow-Up Results
Driority	Description of Prayer Need	Initial Date	Follow-Up Results
Priority	Description of Prayer Need	IIIItiai Date	rollow-op Results
Priority	Description of Prayer Need	Initial Date	Follow-Up Results
		T .	T
Priority	Description of Prayer Need	Initial Date	Follow-Up Results
Priority	Description of Prayer Need	Initial Date	Follow-Up Results

### **PRAYER LIST:**

Specific Concern	Specific Request	Initial Date	Follow-Up Results
BIBLE PROCLAMA	TION:		
he Bible talks about	specifically over your life. Ex the Armor of God. Another e he Fruit of the Spirit. Write ei	excellent choice is Gal	atians 5:22–23, where



DEVELOPING A LIFESTYLE OF PRAYER

## **CHAPTER SIX | PRAYER THAT GETS RESULTS**



## READ | CHAPTER 6

The following five conditions will help you get the prayer results you desire.

1.	You must have an honest relationship with God.				
	a.	Do I or have I to confess what I have done wrong?			
	b.	Am I presently any of God's principles?			
	c.	Do I really God's will for my life?			
2.	Yo	u must have a forgiving attitude toward people.			
	a.	Nothing kills prayer faster than			
	b.	When you hold a grudge or have bitterness in your heart toward people, you are living against what the teaches.			
3.	Yo	u must be willing to share the blessings of God.			
	a.	Oftentimes God will you to be a to others.			
	b.	God is not interested in your, but rather He is interested in through you.			
4.	Yo	u must believe God answers when you pray.			
	a. Faith is believing God will do it, not He might or should, but He will.				
	b.	No matter what you are going through, your faith can and be			
5.	Yo	u must pray in Jesus' name.			
	a. The name of Jesus is like your				
	b. Ask on His, in His name, and His account, with all its, is available to you.				

6.	Do you have a specific testimonial about a prayer that got results? If so, summarize below.
7.	Is there anything in your lifestyle hindering your sensitivity to the Spirit of God?
	Thought
	When I pray for another person, I am praying for God to open my eyes so that I can see that person as God does, and then enter into the stream of love that God already directs toward that person.
	- Philip Yancey
र्	MEMORIZE   I JOHN 5:14
7	ok it up, write it down, and then memorize the verse.
LU	ok it up, write it down, and then memorize the verse.

Write down a list of personal things you want to pray for.

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Priority	Description of Prayer Need	Initial Date	Follow-Up Results	
	I		I	
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### **PRAYER LIST:**

Specific Concern	Specific Request	Initial Date	Follow-Up Results	
		-		
	FIGN			
BIBLE PROCLAMA	rion: specifically over your life. Ex	cellent choices are En	hasians 6:10_20 where	
the Bible talks about t	the Armor of God. Another ex	xcellent choice is Gala	itians 5:22–23, where	
the Bible describes the Fruit of the Spirit. Write either of these or another passage.				



## **CHAPTER SEVEN | PRAYING THE WORD OF GOD**



1. Read the Word.

The Bible gives us direction and guidance for daily living AND teaches us the characteristics of Christ and how to pray.

you could pray during your personal prayer time.
Read Psalms.
Write the words of a few of your favorite passages below. (For example, Psalm 139:105.)

3.	Verse by Verse.
	Verse-by-verse studies can teach the history, the meaning, and application to people today.
4.	God's Promises  Research His promises. Google "God's Promises" and you'll be amazed at the entries. Write at least five of them on the following lines. Summarize the promise and list the reference.  Think about writing promises on small cards to create a year's supply of promises.
	Thoughts Whatever need or trouble you are in, there is always something to help you in your Bible. and
	Heaven is full of answers to prayers for which no one ever bothered to ask.  - Billy Graham
Loc	MEMORIZE   JOHN 15:7  ok it up, write it down, and then memorize the verse.

Three different samples of a Personal Prayer List have been included in this Study Guide. All three are on the following pages. Use one of these samples – or create your own – to begin developing your lifestyle of prayer.



## **Personal Prayer List**



TOP PRIORITIES:
May include wife/husband, children, other family members, friends, personal ministry, profession, and other personal requests. Pick a number, like three or five, so more time can be spent praying for your "Top Priorities." List priority and describe briefly.
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This list can include anything you are praying for at this point. When you make this list, go beyond "I wish so-and-so would happen" to specific prayer requests. When God answers, instead of saying "Oh, my wish came true" you can thank Him for answering your prayers.

PRAYER LIST (continued)
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Priority	Description of Prayer Need	Initial Date	Follow-Up Results
Priority	Description of Prayer Need	Initial Date	Follow-Up Results
Priority	Description of Prayer Need	Initial Date	Follow-Up Results
	I		I
Priority	Description of Prayer Need	Initial Date	Follow-Up Results

### PRAYER LIST:

Specific Concern	Specific Request	Initial Date	Follow-Up Results
	,	,	
	TION:		
BIBLE PROCLAMA  Pick Scripture to pray	specifically over your life. Ex	cellent choices are En	hesians 6:10–20, where
the Bible talks about	the Armor of God. Another ex	xcellent choice is Gala	itians 5:22–23, where
the Bible describes th	e Fruit of the Spirit. Write eit	her of these or anoth	er passage.

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#### ABOUT THE AUTHOR

Taylor Chapman holds a Bachelor of Science degree from Oral Roberts University in Pastoral Christian Ministries and a Master of Theology from Louisiana Baptist University.

He has served in the local church training and equipping people to become leaders in the Body of Christ. With a call from God to teach people about the "deeper" things of God, he continually strives to bridge the gap between man and God.

Taylor is married to his partner in ministry, Adrianne. Today they minister together, teaching people how to have strength in their faith, business and personal life. Together, Taylor and Adrianne have two children, Abigail and Matthew.

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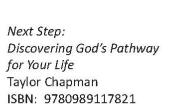
Website: www.TaylorChapman.org

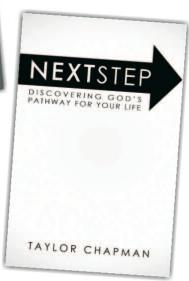
## **ADDITIONAL MATERIALS**

We invite you to enjoy these other materials from Taylor Chapman Ministries.



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Go to www.taylorchapman.org for more materials offered by Taylor Chapman.